



EARLY BITES

FROM 10 AM TO 12:30 PM

Cracking Eggs

RANCHEROS / 17€

Crisp tortilla chips, black beans, avocado, ranchera sauce, aged cheddar, sour cream and jalapeños.

SHAKSHUKA / 16€

Baked eggs in a rich tomato, roasted pepper and onion sauce, delicately spiced with harissa. Served with warm pita bread.

THE FULL ENGLISH / 16€

Eggs, crispy bacon, sausage, baked beans, grilled tomato, sautéed mushrooms and toasted bread.

MESSY EGGS, HAPPY MORNING / 14€

Silky scrambled eggs with a selection of seasonal vegetables.

The Toast with the Most

THE GORGONZOLA / 15€

Velvety avocado cream, gorgonzola cheese, peppery rocket and fresh coriander. Served on your choice of rustic sourdough or wholegrain multigrain bread.

THE SALMON / 17€

Marinated salmon, creamy avocado, capers and fragrant basil oil. Served on your choice of rustic sourdough or wholegrain multigrain bread.

THE HUMMUS / 16€

Silky hummus, sweet mango, pickled red onion, smoked paprika oil and toasted sesame. Served on your choice of rustic sourdough or wholegrain multigrain bread.

LA BELLA BURRATA / 17€

Creamy burratina, confit tomato and fresh basil, served over warm focaccia.

THE ITALIAN / 15€

Fine Italian mortadella, ripe avocado and grated tomato on toasted buckwheat bread.

THE CLASSIC / 16€

Finely sliced Ibérico ham, grated tomato and extra virgin olive oil on crisp crystal bread.

Bits & Bites

SONORA SANDWICH / 17€

Grilled chicken, crispy bacon, fried egg, lettuce, tomato and house mayonnaise on toasted bread. Served with golden French fries.

AREPA REINA PEPIADA / 16€

Traditional Venezuelan arepa filled with tender chicken, avocado, hard-boiled egg, mayonnaise, onion and mustard.

MEDITERRANEAN PLATTER / 26€

A generous selection of hummus, falafel, kefta, tzatziki and muhammara, accompanied by sautéed aubergine, roasted aubergine with peppers, Kalamata olives and warm pita bread.

Bowling

CHIA BOWL / 16€

Coconut milk chia pudding, seasonal berries and a drizzle of honey.

HOMEMADE GRANOLA / 15€

Creamy Greek yogurt, fresh strawberries, toasted oats and almonds, chia seeds, pistachios, dried blueberries, coconut and cane honey.

DARK CHOCOLATE BOWL / 15€

Rich dark chocolate and almond milk pudding sweetened with dates, topped with banana, peanut butter, toasted coconut, chocolate shavings, flax seeds and sliced almonds.

Dolce Far Niente

CROISSANT / 5.5€

Classic all-butter French pastry, beautifully laminated and golden, with a delicate crisp exterior and an irresistibly light, airy centre.

CARROT CAKE / 8€

Fresh Juices

BEET & BEAT / 9€

Beetroot, carrot, ginger, baobab and a splash of fresh orange juice.

GREEN ME UP / 9€

Cucumber, spinach, apple, celery, spirulina and a splash of fresh lime juice.

GINGER BUNNY / 9€

Carrot, apple, ginger, turmeric, maca and a splash of fresh orange juice.

FRESH ORANGE / 6€

Freshly squeezed orange juice.

Milkshakes

BANANATELLA / 8€

Nutella and banana.

GREEN VELVET / 9€

Pistachio and white chocolate.

Smoothies

(blended with ice)

THE BERRY BEST / 9€

Strawberry, blackberry, blueberries and red dragon fruit.

WHAT A MELON MAN / 9€

Melon, apple, fresh mint and plant-based milk.

MANGOLICIOUS / 9€

Mango, strawberry, raspberry and orange.

Kombucha

MINT & CUCUMBER / 4€

RASPBERRY / 4€

Lemonades

(made with coconut water)

MINT TO BE / 19€

Strawberry, blueberries and fresh mint.

THE DARK SIDE OF THE LEMON / 19€

Lemonade with activated charcoal.

BLUE GINGER SMASH / 19€

Blueberries, fresh mint and ginger.

Hot Coffees

THE CLASSICS

Espresso · Americano · Latte · Cappuccino

CARAMEL OR VANILLA MACCHIATO / 8€

MATCHA LATTE / 8€

Iced Coffees

FRAPPUCCINO / 8€

Caramel, Vanilla or Chocolate

Blended iced coffee with ice and your choice of flavour.

VANILLA ICED LATTE / 7.5€

Espresso with ice, milk and vanilla.

ICED MATCHA / 7.5€

Vanilla, Strawberry or Coconut

Iced matcha tea with milk and your choice of flavour.

EXTRAS / 1.5€

Maca · Baobab · Spirulina

SWEETENERS

White sugar · Brown sugar · Erythritol · Panela · Saccharin · Agave · Honey.